

# Acknowledgments

**Whole Life Workbook  
'Change the Thinking, Change the Practice, Change the System'**

**Development of this Workbook was commissioned by Susannah Howard and co-ordinated by Tanya Kennard-Campbell at the Eastern Development Centre**

## **The Editorial Team**

The Whole Life Workbook has been developed and edited by an internal team here at the Eastern Development Centre. This team has included Tanya Kennard-Campbell, Susannah Howard, Jane Taylor, Paula Bastow and Mita Brahmhatt, Julia Hiley and Eddie d'Silva.

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At the time of development, the Eastern Development Centre was part of the Care Services Improvement Partnership (CSIP).

Commissioned by the Department of Health and other agencies, CSIP aimed to support the implementation of national policy for local benefit by working with communities, systems and organisations engaged with the health and social care needs of:

- people with mental health problems;
- people with learning disabilities;
- older people;
- children;
- young people and families;
- people in the criminal justice system;
- the families, carers and supporters of these groups.

The Eastern Development Centre serves the six counties of Bedfordshire, Cambridgeshire, Essex, Hertfordshire, Norfolk and Suffolk, and the four unitary authorities of Luton, Peterborough, Southend and Thurrock.; in total, a population of 5.4 million.

## **Disclaimer**

The content of this workbook reflects the opinions of the authors of the individual chapters and does not necessarily reflect a formal view of the Eastern Development Centre.

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